Kata groups for juniors (European Championship-2010):

A kata competition consists of three rounds. A compulsory kata must be presented in the first round. In the last two rounds free katas are to be presented. Kata of all three rounds must be different.

 1^{st} group (these are the compulsory katas – shitei):

- 1. YANTSU;
- 2. TSUKI NO KATA;
- 3. GEKISAI DAI.

Starting score for the perfect demonstration:
8.8 points
Bonus:
0.2 points
Maximum:
9.0 points

2nd group (these are the free katas – tokui):

- 1. YANTSU;
- 2. TSUKI NO KATA;
- 3. GEKISAI DAI;
- 3. SAIHA;
- 4. GEKISAI SHO.

Starting score for the perfect demonstration: 8.8 points

Bonus: 0.2 points Maximum: 9.0 points.

Rules were approved by EKO Board on April 15, 2010 in Noordwijkehout, The Netherlands.